Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Thursday 20 Jul 2023 until 23:59 on Friday 21 Jul 2023

Forecast Issued on Wednesday 19 Jul 2023 at 11:28 by Met Office Aberdeen

Confidence: High confidence for showery conditions continuing into Friday and for more widespread rain spreading east from Saturday. Lower confidence for the detail of the weekend rain.

Headline for Thursday 20 Jul 2023: Cloudy with a few showers and the occasional bright spell.

Mountain weather hazards on Thursday 20 Jul 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** Low Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Low Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Partly cloudy (night)	Partly cloudy (night)	Sunny intervals	Sunny intervals	Sunny intervals	Sunny intervals	Sunny intervals	Sunny intervals
Precipitation probability							
20%	20%	20%	30%	20%	20%	20%	10%

Forecast for Thursday 20 Jul 2023

Weather: Dry with clear spells across southern ranges at first, cloud and showers soon spread south overnight. The day will be cloudy with a few bright spells and the occasional light shower.

Chance of cloud-free hill tops above 800m: 40% with the best of the brightness around midday.

Low cloud and visibility: Cloud will be extensive above 500-700m but will rise to 900-1000m for a time around midday. Good visibility away from the cloud will fall moderate in any showers.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Thursday 20 Jul 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	18/24 W	18/23 W	18/23 W	13/18 NW	12/18 NW	12/18 NW	11/16 NW	11/15 NW	10/14 W
900	17/23 W	17/23 W	17/22 W	13/18 NW	12/18 NW	12/18 NW	10/16 NW	10/14 NW	10/14 W
600	10/17 W	11/17 W	12/17 W	10/15 NW	10/16 NW	10/16 NW	8/13 NW	6/10 NW	6/10 W
300	4/18 W	4/17 W	5/17 W	5/16 NW	6/16 NW	7/17 NW	5/13 NW	4/11 NW	3/11 W
Glen	7/14 NW	6/14 W	7/15 W	9/16 N	8/14 NW	8/13 NW	7/12 N	4/9 N	5/10 NW

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	4/-1	4/-1	4/-1	4/0	5/1	6/2	5/2	4/1	4/0
900	5/0	5/0	5/0	5/1	6/2	6/3	6/3	5/2	5/2
600	8/5	7/4	7/4	7/5	8/6	9/7	9/7	8/6	7/5
300	9/8	9/8	10/8	10/9	12/10	12/11	12/10	10/9	9/9
Glen	12/11	12/11	12/11	12/11	14/13	15/13	14/13	13/12	12/11
Freezing Level*	1500m	1500m	1600m	1700m	1500m	1600m	1600m	1500m	1500m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Conditions will continue to feel cool in moderate or fresh winds at height.

Forecast for Friday 21 Jul 2023
Weather: Cloudy with bright or sunny spells and a few showers becoming drier and brighter from the south from the afternoon.

Maximum wind: Northwest 15-20mph

Chance of cloud-free hill tops above 800m: 40%

Low cloud and visibility: Broken cloud 400-600m, increasing sunny spells across southern ranges from the afternoon. Visibility out of cloud will be good falling moderate in any showers.

Temperature: **Glens:** Plus 6 Celsius rising plus 18 Celsius
At 800m: Plus 6 Celsius
Freezing level: Above summits

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